

Windows XP includes a **System Restore function** which takes a "snap shot" of your machine's configuration every so often and saves it to disk.

These saved **System Restore Points** can be used later to **repair damage** done to your machine by other software packages.

This function allows you to set a **System Restore Point** at the same time that you perform other **maintenance functions**. You can **restore** the saved System Restore point using the functions available on the **Power Defrag 3.00 Tools menu**.